### Exercise/Activity Title:

**Aristotle Happiness Survey**

### Exercise/Activity Explanation (150 words or less):

Aristotle maintained that happiness is a function of four factors: health, wealth, intellectual virtue and moral virtue. Students assess their happiness, and happiness within their organization, using an Aristotle Happiness Survey. Students highlight strengths, weaknesses, and a continuous improvement recommendation that addresses a weakness.

Assignment is on the following page.

### Optional – Contact Information:

If interested in additional information, please contact Professor Denis Collins, School of Business, Edgewood College, Madison, WI; **dcollins@edgewood.edu**
The Purpose of Life

Aristotle reasoned that happiness is a function of four factors:

1) **Health** – For the most part, healthy people are happier than sick people: Are you in good health?

2) **Wealth** – For the most part, wealthy people are happier than poor people: Are you earning an adequate salary?

3) **Intellectual Virtue** – For the most part, educated people are happier than uneducated people: Are you continually learning new things?

4) **Moral Virtue** – For the most part, moral people are happier than immoral people: Are you continually doing good deeds?
### Aristotle's Happiness Survey

Instructions: Please use the 1-5 scale below to assess how well each of the following statements exemplifies you and the organization. The more honest you are the more helpful the information you will receive.

1 = Strongly Disagree, 2 = Disagree, 3 = Neither Agree nor Disagree, 4 = Agree, 5 = Strongly Agree

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#### You

1) Health: I am in good health.  
   1  2  3  4  5

2) Wealth: I am earning an adequate salary.  
   1  2  3  4  5

3) Intellectual Virtue: I am continually learning new things.  
   1  2  3  4  5

4) Moral Virtue: I am continually doing good deeds.  
   1  2  3  4  5

#### Your Organization

1) Health: Our employees are in good health.  
   1  2  3  4  5

2) Wealth: Our employees earn an adequate salary.  
   1  2  3  4  5

3) Intellectual Virtue: Our employees continually learn new things.  
   1  2  3  4  5

4) Moral Virtue: Our employees continually do good deeds.  
   1  2  3  4  5

How can you improve your own lowest score item?

How can your organization’s lowest score item?